**(The Speechie Show Ep.27)**

Welcome to the Speechie Show! Being a speech-language pathologist often means having too much work and not enough planning time. To beat the overwhelm, we’re bringing you the tricks and tools that will make your job a little bit easier.

**Carrie**: Hello everyone and welcome to the Speechie Show. I am here today with Rinki from the [Dysphagia Grand Rounds](https://www.dysphagiagrandrounds.com/) website. And we are talking today about being a medical SLP, which is a topic that we really haven't talked about so thank you for coming on to talk about this today.

**Rinki**: Thank you for having me I'm so excited!

**Carrie**: Good, I'm glad. Alright if you're just joining us we are talking today about being a medical SLP things you didn't know about that. And we're going to approach this from the standpoint of that most of my audience is generally school-based or private practice. So maybe some people in the audience aren't really familiar with what a medical SLP does. So Rinki is here to share that with us. If you are new to the Speechie Show, we do this once a week every Monday afternoon. I hop on with a new speech language pathologist and we talk about a topic. We're going to share five tips with you today and then we're going to do a giveaway towards the end. A couple of giveaways. So, stay tuned for that. And we will also share some fun resources for you today. So, if you are joining us on Facebook Live today go ahead and type in which kind of setting you are working in. So are you a school-based SLP. Are you in the medical setting? If so, where are you. We just kind of want to get an idea of who is watching today and what kinds of settings you guys are in. So, type this in the comments of Facebook Live right now and while they're doing that, Rinki why don't you go ahead and introduce yourself.

**Rinki**: Again, thanks for having me I am really excited! I am Rinki Varindani Desai. So, as you mentioned I’m a medical speech language pathologist born and brought up in Mumbai India. That is where I completed my undergraduate in speech and language pathology. And then I came to the US in 2009. I completed my Master's in speech pathology from the University of Texas at Dallas. And I have been here ever since. The rest is history. And I have enjoyed every moment of it.

**Carrie**: Wonderful! Now did you find that there was a lot of difference between studying in India and studying here? Or is it pretty consistent across the world?

**Rinki**: It's really not. I don't know about the other countries but like just comparing the East and Western end of the US, it's very different because Speech Pathology is kind of new in my country and things are changing a lot. But there is a lot of awareness that needs to be done. And I don't know if you are aware, but India is the second most populated country in the world. So, we have a population of like close to 1.2 billion people. But we only have a couple thousand SLPs in the whole country.

**Carrie**: That's Crazy!

**Rinki**: So there were two schools in my whole state. We were 30 students graduating for the year. We were the only people providing these services. So, there is a lot of education that needs to be done. A lot of awareness. And I think even the way medical SLPs are looked at, I don't think they are aware of our role like they are here in the US. I am hoping that things are changing soon.

**Carrie**: Absolutely. So, we are going to be talking specifically today about the medical side of that. Have you been doing that since you've graduated with your Masters or have you been back and forth?

**Rinki**: Nope. I've never worked with kids. I think the last time I worked with kids was back in India in 2007 so I wouldn't know what to do with a child and a school.

**Carrie**: See and I wouldn't have any clue what to do with a swallow patient.

**Rinki**: It's amazing to think about that now. I worked for two years in India before coming to the US.

**Carrie**: Perfect, alright. So, we have one person chiming in that she is a school-based SLP. If you are joining us on Facebook Live go ahead and type in which setting you're working in currently. We want to know where everybody is. We're going to go ahead and get started though with our five tips. So, we are going to share today 5 things that you didn't know about being a medical SLP. And the first thing we're going to talk about are the types of disorders and patient population that you would work with as a medical SLP. So Rinki, go ahead and tell us what kinds of things we might be encountering in this niche.

**Rinki**: So for those listening if you are a school based SLP or even the general public community, even though our title says speech language pathologist, Speech & Language are kind of the least of what you will be doing as a medical SLP. So, the two big areas are called mission was your thinking skills and swallowing. So swallowing disorders are called dysphasia. That's kind of primarily what you will cover depending on what setting you are in. There are people who walk across the lifespan. So, we have medical SLPs working in neonatal ICU's. There are people working with adolescence. But most likely you will be working with adults in the geriatric population in different settings. And the most common diagnosis or disorders you will be working with are stroke, dementia, Parkinson's, head and neck cancer, lots of trach and vents if you're in a more acute type of setting. And if you're working with infants it will primarily be feeding disorders or maybe developmental disabilities in the cognitive and language disorders that come with that. Was that a lot of information?

**Carrie**: Hahaha. That's alright, so if you missed any of that, our sound kind of cut out a couple of times. If you missed any of that what she's talking about is how you're going to be seeing lots of swallowing and cognition. Not so much of the Speech & Language that we do a lot of in the schools. So, it is a very different field. I know when I was doing my medical internship I felt like all I did all day long was just swallow study after swallow study after swallow study. And that was it. But I was in a very acute care setting so that tended to be what we had.

**Rinki**: Exactly.

**Carrie**: Okay so you're going to have a different kind of disorder set that you're going to be working with. A different population. There are also just very different work settings. So, tell us what the work setting looks like for a medical SLP.

**Rinki**: Yeah, I want to make sure is the voice coming ok. Do you think the sound is fine now?

**Carrie**: Yeah, it's coming through now.

**Rinki**: I think like I said, I don't want to say that there is no Speech & Language. So, depending on the work setting, if you're in something called Inpatient Rehab, where basically the patients are more higher level. They can tolerate rehabilitation for 3 hours a day. They might be coming in with acute strokes. So, you will be doing a lot of speech and language therapy, also known as, aphasia. If they have a language disorder called aphasia you'll kind of be doing that with them. If they have apraxia which is a modern speech disorder you will be doing your traditional speech therapy with them. But that is if you are in Inpatient Rehab. So, I did my CFY in something called an LTac which is a long-term acute care setting. It's an extended ICU for patients that are critically ill. They have trachs and vents. So, there is more of cognition and swallowing for me and acute care then for those who don't do acute care. If you're working in a nursing home for those of you who are not in the US, SNF is a Skilled Nursing Facility. If you're working with more geriatric patients you'll be doing a lot of cognition, memory, attention, you know cognitive skill building. And again, a lot of dysphasias. So, these are a couple of the common settings but you also could be working with an ENT in an outpatient clinic. You could be doing home health as a medical SLP. And some people go into academic and universities settings. So, the scope of practice even within medical SLP kind of depends on where you work.

**Carrie**: Sure that is very much like working with the pediatric population, as well. We see that there are all kinds of different things you may be dealing with depending on what your location is. So, our field is just very, very broad, isn't it?

**Rinki**: I know and I think people don't know that. Especially the most common thing. When you walk in to evaluate someone swallowing, you'll say Hi I'm Rinki and I'm your speech language pathologist and I'm here to evaluate your swallowing. And they'll be like, honey my speech is just fine why are you here. Now I just say I'm the swallowing therapist because it just invites less questions.

**Carrie**: I know right, haha. Yeah, I get that question a lot to what I'm telling people, like oh we know we talked about these kinds of things in my field and they're like swallowing? Yep, that's part of our scope.

**Rinki**: Or you're in cognition and using an AAC board. Like I think people traditionally think that speech is correcting a lisp or rolling the R's or stuttering, which is part of what we do, but it's not everything that we do.

**Carrie**: Exactly. Alright, so we've talked about the different disorders you might see and the different settings that you might be working in. Let's talk about medical SLPs and technology. What's important to know for technology-wise if you're looking into the medical SLP part of our field?

**Rinki**: Yeah, so basically if you are in a grad school which gave you hands-on training you're very lucky because that doesn't always happen. So, you're going to come out and you're going to be told you are the swallowing specialist and you have to start watching people's insides, and basically seeing if they can swallow okay. So, you'll either watch fiber optic endoscopic evaluation of swallowing, where you go in through the nose and you're watching the vocal cords and making sure the patient is swallowing okay and if everything is functioning the way it should be, or you are doing something called a video fluoroscopy swallowing study or also called a modified barium swallow study. Where basically it's like a moving x-ray where you give the patient different things to eat and make sure the swelling is okay. And if not, what the possible causes for that might be and so on and so forth. So, lots of fees and MBS. You'll need to do lots of training after grad school to be able to do all of that. We are starting to do manometry and SEMG biofeedback and dysphasia therapy now. And if you work at a voice clinic, which I don't because I'm not really good with voice disorders, you might be getting stroboscopy, as well. So just be prepared to see the insides of your patients quite a bit.

**Carrie**: hahaha I love it. Okay so first of all if anyone has any questions on Facebook Live go ahead and type those in the comments. Will take us as we go along.

**Rinki**: Yes please jump in and ask whatever you need to.

**Carrie**: Yes. We don't know what you don't know. So okay so my question is then, let's say okay I'm a school-based SLP and I'm thinking holy goodness I haven't done a modified barium swallow in 7 years. I wouldn't have a clue where to start. Is there a way you can kind of train up on this technology before you get the job or is this kind of a you just get the job and trust that you're going to be able to learn the technology once you get there?

**Rinki**: I think these days people don't really hire you unless, maybe in a rural area with desperate need, but I don't think you'll be hired if you don't have the experience. But I don't want that to scare people because just coming out of grad school I didn't have that experience either. So, I think the two ways of doing it is either you find someone to shadow in your area and maybe go on the weekends or spend some extra time watching swallow studies. If that hospital has a HIPAA rule where they won't allow observers you can do the MBS IMP clinic for Northern Speech Services. So, it's sort of like a certification or like a course which walks you through all the different components of an MBS.

**Carrie**: And you said that was from [Northern Speech Services](https://www.northernspeech.com/)?

**Rinki**: Yes. I will give you a link so that way you can include it.

**Carrie**: Yeah if you could go into the Facebook Live after we're done and just add that in the comments and then people will be able to see that link there. So that's a course on MBS.

**Rinki**: So [speechpathology.com](http://www.speechpathology.com/) they have a lot of continuing education courses. So, I would definitely say at least do that and really know how the muscles are working and how they contribute to your swallow function before applying for a job like that.

**Carrie**: Absolutely. I second [speechpathology.com](http://www.speechpathology.com/). They have some really good continuing education courses on there and I'm sure that they would have some stuff on that, as well. Alright, so we have covered disorders. We have covered work settings. We have covered technology. If you are watching on Facebook Live with us right now stay tuned. We are going to be doing some giveaways in just a few minutes and sharing some good resources for the medical SLP world. So, stay tuned. But right now, we are going to talk about inter-professional collaboration. Now I know what that looks like in the school setting because I am always working with the OT and the behavior therapist and all of this. But what do these relationships look like in the medical setting. Who are we collaborating with?

**Rinki**: So yeah, like you know in the school setting you're working with Social Work and OTs and teachers. I think in the medical setting it would make sense that you're working with other medical professionals. And I asked one of my friends once why do you not want to work in a medical setting. Why do you choose the school setting? And one of the reasons she had given me was because she felt intimidated, like maybe talking to these different medical professionals and discussing patient care with them because we don't have a complete education that trains us to learn how these different systems interact with speech and swallowing. I would say the most surprising thing I've learned is they consider us to be the experts. So, the pulmonologist, the neurologist, they want to know what you think of the patient's speech and swallow function. What are your suggestions for their prognosis and recovery. And they look at us as the experts just as we look at them as an expert in what they do. So, you will be collaborating depending on the setting you're in with pulmonologists, neurologists, internal medicine MDS, critical care specialists. If you're in a nursing home, lots of nursing staff. But just consider yourself as the only person who can give them this education and training because you are the expert to provide it. So, I think it's a great place to be in.

**Carrie**: Absolutely. One thing I was going to add to that is if you're feeling uncomfortable you know talking to these kinds of other medical professionals, I think doing that shadowing like you were talking about before can be really helpful because you can talk to that other speech language pathologist and say, okay how do you collaborate with them. What does that look like or what information do they need to know or do you need to know to make it a successful relationship. And that brought to mine Autumn Bryant's site. Is it [Expand Your Scope](http://www.expandyourscope.com/) does that sound, right?

**Rinki**: Yes

**Carrie**: If you go to [expandyourscope.com](http://www.expandyourscope.com/) she's got a cool set up where you can shadow. You can find someone to shadow in the job that you're looking for. So definitely check that out.

**Rinki**: And we have the medical SLP for him. Send a message out. Somebody is always willing to help so just say, hey I'm in this area is there anyone who can maybe just even talk me through how they work this out. We started a regional support team for Western New York. So, we meet once a month and just kind of bounce ideas off. See what issues were having in long-term care settings. That's the only way to collaborate now with social media and the internet. I think there is no excuse for not being confident and competent in what you do because there are so many resources you can use.

**Carrie**: Okay so we have a question here. Coming out of grad school. Autumn is on, fabulous. Alright Jodi says coming out of grad school I had little to no experience with dysphasia. Along with shadowing and [speechpathology.com](http://www.speechpathology.com/) they have some cool dysphasia CEUs. Perfect. So, she agrees about finding those resources. And Autumn is on she just shared the link to her site, [expandyourscope.com](http://www.expandyourscope.com/) for CCC’s who want to shadow and mentor each other. So that's a good resource for all of you to be able to access that. Just scroll down in comments and you'll see Autumn's comment there. Okay Tamara is asking what's the best way to find someone in Florida. So, I would say go on to Expand Your Scope.com, try that. You can also try searching for Facebook groups of medical SLP in your area or you said that you have one, yeah, we have a link to that.

**Rinki**: The [Medical SLP Forum](https://www.facebook.com/groups/medicalslpforum/). You can just join it. We have over 20,000 members now, so I'm sure they'll be somebody in Florida. So just post and find someone who'll be willing to help.

**Carrie**: Perfect. And will you put the link to that in the Facebook section or comment section too?

**Rinki**: Yes

**Carrie**: So we'll have the link for that group, as well. It is called [Medical SLP Forum](https://www.facebook.com/groups/medicalslpforum/). Alright, we have one more tip to go and then we're going to move into the resources and giveaways. So, the last part is challenges. What are some of the challenges we are going to face as a medical SLP?

**Rinki**: I don't know if I can speak for everyone, but I think for me something I'm still struggling with is kind of balancing. And I'm sure it's the same for school SLPs, balancing that emotion and empathy component with this just being a practical logical clinician. Trying to be the best clinician you can be. Because I think most of us got into the field wanting to help people and we're different from MDS. We're not just walking in and out. We're not just rounding for 10 minutes. We're working with a lot of these people for an hour every day, their families for weeks or months. So obviously you are an integral part of the recovery of their life. Like if they're not eating and you're getting them to eat again. If they've had a stroke, their life has changed overnight and you're getting them to learn how to speak again or write again. These are really important events in their life and you're there for all of it. So, it's hard not to get emotionally attached and take some of the baggage home. Especially when someone dies. As a medical SLP you will see some death, if not a lot of it. So, you've got to try and keep that away from what you're focusing on and focus on the positive. That's still kind of something that I'm learning every day.

**Carrie**: Absolutely, yeah. I can say I've only had, gosh it may be just one, but one of my students that passed away and it was hard, it was very hard. And I always thought I don't know that I could do work in like, with the terminally ill because I just don't know that I could emotionally handle that. So, I could definitely see that you would need some coping mechanisms and ways of how you can process that and work through it. And understand that you are offering services that are making their life better even if it's just for the short time that they have left with us.

**Rinki**: Yeah.

**Carrie**: Absolutely. Alright wonderful. Autumn is sharing another tip for us. She says Pro Find can be used to find other SOPs in your area too, if you don't mind cold calling. Perfect. Alright Liz says I'm a current grad student and I want to get into the medical SLP field. What advice can you give me? So, what would you say are good things to be doing while you're still in grad school to kind of prep you for that path?

**Rinki**: You said it was Liz, right?

**Carrie**: Yes

**Rinki**: Hi Liz! I was the same way. I came from India and they were trying to put me in all these different school-based rotations and I put my foot down and I was like, look I know I don't want to work with kids. I know I want to work as a medical SLP. Please give me the adult medical rotation. Every school may not do that, but I think if you know what the onset that's what you want, ask four rotations in that area. Try to take as many electives as you can that covers a wide scope of what we do. So, electives in trachs and vents. Electives in aphasia. Advanced dysphasia. Anything your school offers, ask your academic advisor and try and do that. Also, try and do some of these CEUs. You may not get credit for it but you can still be going to these web sites and say you've done the MBS IMP or say you've done LSPD for Parkinson's. You can do a lot of these courses and have those skills before you graduate so it's easier to get a CFY or place in a medical setting.

**Carrie**: Perfect. And I was thinking shadowing too, or volunteering in a medical setting if there's some ways that you can kind of get some more hands-on. And I know also when you were saying taking electives, our school also had a nursing program and it was in the same building which was convenient. But we had the ability to take classes like medical terminology where they go over like all the Latin roots of all the medical words. That would have been huge if you were going into that field. So, look outside your field. Your curriculum as well, and see what other programs in your school might have some offerings that would kind of carryover.

**Rinki**: Usually academic advisors will be your best friend. Like if I know what you want. Don't depend on them to develop your curriculum for you. But if you tell them what you really want to look for courses and offer you stuff that you can take that maybe you didn't even know existed. So, I would say try that first.

**Carrie**: Absolutely. Perfect. Alright Liz says thank you. We have some more questions coming in. Tamara says that's the mistake she made and got stuck on the schools and it's hard to get back into it. I agree I feel like when I was in grad school I was like, okay I could go either path. But now that I've done schools I'm like, I don't think I could do medical SLP to save my life, hahaha.

**Rinki**: It was the same for me. Like if I have kids you know maybe I don't want to work every day like the kind of hours I'm working. I don't want to be on call on Saturdays or whatever. Maybe I want my summers off. I think it would take a lot of training for me to get into a school setting. So, I totally get that.

**Carrie**: Yeah, I agree. So, it happens but there's ways. You can do more training if you really want to break for you can.

**Rinki**: And there's always, especially in the U.S., you can always find PRN jobs. If you have some education and competency you can kind of get your foot in the door by doing PRN on the weekends and hospitals and then working your other job if that's something you really want. And then eventually transition.

**Carrie**: Absolutely, I agree. Alright, Autumn says that child seminars have a lot of dysphagia related CEU’s and gives you access to Anatomy TV where you can study models of the anatomy that you can rotate. Well, that's cool. Look at that we got all kinds of resources for everyone today.

**Rinki**: Exactly. If only you will look you have at your fingertips. You just have to take the effort to put in the time and build your skill-set I think.

**Carrie**: Yes, absolutely. Alright, Genevieve says I graduated from a medical SLP program geared towards adults. I just finished my CF in a school for children with disabilities. Are there opportunities to transition to working with adults? It cut off. I don't know why it does this. It won't let me read the whole comment. Nope it's not going to let me do it. So, she's looking to transition, I'm not sure what the rest of your question was Genevieve. If you've got more to it go ahead and type it in, the rest of it again.

**Rinki**: Do you think she meant adults with disabilities?

**Carrie**: Maybe. Okay we'll come back to that one. Autumn says would you recommend PRN in a hospital or a SNF to get ready for transitioning. Is one preferable to the other? What do you think?

**Rinki**: I don't think so. I think for me it was easier to start in a hospital just because you're seeing change a little bit faster. And a nursing home, it's a lot of dementia and people are really recovering, if at all they're recovering, very slow. So, it can be a little discouraging. But then hospitals are a little bit more challenging where you really have to know your stuff. You have to know your stuff either way but I don't think you can afford to make the kind of mistakes you may be can in a SNF, in a hospital. So, I just think if you're comfortable with your skill set and knowledge, I would start in hospital.

**Carrie**: Okay there we go. Let's see. Jodi says Dr. Eric Bricker's courses are affordable and great too and he does the FEES. That's perfect.

**Rinki**: I took his course he's great, actually.

**Carrie**: Awesome, wonderful. Okay, so Genevieve is wanting to know how to transition to adults in general. So that's a lot of what we've been talking about today. If you've missed any of the first part Genevieve, the recording will be on the Facebook page so you can watch the whole thing. But generally, you know just getting in and shadowing and doing some extra training to try to figure out what you're interested in and what may be information you still need and maybe what training you still need. Was there anything else you want to add to that on transitioning to adults from pediatrics?

**Rinki**: No I think that covers most of it. But if you're looking to wing it or you know like the saying goes fake it till you make it, I don't think that's something you should be thinking you'll be able to do as PRN because often you're covering for people who are not there you know, Monday through Friday. So maybe you're the only person there on a Saturday. So, they're not looking for someone who is looking to learn. I would make sure you have at least a very basic understanding of dysphagia, the anatomy and physiology. What you're looking for in an MBS or when you read a FEES report. I would make sure you know all of that before you get into PRN because they're not going to have the patience or maybe the manpower to like, really train you through all of that.

**Carrie**: Absolutely. I agree that sounds spot on. Okay perfect. That was a ton of questions. If you guys have any more keep them coming, but we're going to move on and do some resources and giveaways. So, what are your favorite resources for medical SLPs? We already talked about the Facebook group which is [Medical SLP Forum](https://www.facebook.com/groups/medicalslpforum/) and we'll have a link to that. What other resources do you got for them?

**Rinki**: We discussed [Northern Speech Services](https://www.northernspeech.com/), [medbridge.com](https://www.medbridgeeducation.com/), and [speechpathology.com](http://www.speechpathology.com/). Those are my three favorite continuing education horses. [MedBridge](https://www.medbridgeeducation.com/) and [speechpathology.com](http://www.speechpathology.com/) are like $100 a year unlimited access to courses. And [Northern Speech](https://www.northernspeech.com/) sells them by each course depending on what you want. And we have a course out there called the Agent Swallow. It's a three-part course for the medical SLP if that's something you're interested in. Three of us together developed a mobile app. It's $15 and it's called [Dysphagia Therapy](http://tactustherapy.com/app/dysphagia/). It's pretty much for anyone who is transitioning into this therapy and wants the tool in their hand. It's really neat because it has everything you need to go through an assessment. All the treatment techniques with evidence for why they work and don't work. And they have this really cool feature where you basically function or like you check all the impairments you're seeing and then it has an algorithm where it matches what therapy technique would be best for your patient and what you should use. So, I would definitely download the app. And also, you can export patient handout. You can do a lot of stuff with it and it's $15 so that's something you can look at.

**Carrie**: Okay hang on, let me repeat that so people get that. So that is the [Dysphagia Therapy](http://tactustherapy.com/app/dysphagia/) app and Autumn says she loves it. She just chimed in. And that's the one she was just saying you can you know check through what you're saying and pair you with some good therapy techniques which sounds awesome among other things.

**Rinki**: And they have other amazing apps for cognition and language, as well. So, I used them a lot in Inpatient Rehab and now in long-term care. So, I put a link to that and if people are interested in using apps, I think that would be a good website to go to.

**Carrie**: Okay. And then what's the last one you got? Resource-wise.

**Rinki**: [Dysphagia Grand Rounds](http://www.dysphagiagrandrounds.com). So, we just started that. I started that with Dr. Ianessa Humbert. She is the director of the swallowing lab at the University of Florida. So basically, we were really concerned with people not using evidence based practices in dysphagia and that kind of reflects on the whole profession in general because we're now the swallowing experts and we're the only people providing dysphagia therapy. So, we gave out a free article that clinicians can read every month so it's like an online journal club. And then Dr. Humbert presents a webinar at the end of the month that walks you through the resource design. The strengths and weaknesses of the people. How we can use that information, apply it to our practice. And then we have a conversation about the clinical obligation. So, we've covered the protocol to use of meds. The use of vital stems. We kind of discuss this in a fun way and try to make it a little more palatable so that's kind of what we do every month and you can join in anytime because the webinars are recorded.

**Carrie**: Perfect. And that is actually what our giveaway is going to be today. So, I'm going to ask a question here on Facebook Live. The first person to answer the question correctly it's going to get one of the webinars free, any one they want to get to pick which one you want. Autumn is sticking in some awesome links, thank you Autumn. And the second person to answer the question today it's going to get two free months in my membership which is the [Speech Therapy Solution](https://www.speechandlanguagekids.com/become-a-member/). And we are doing continuing ed. We just got approved to start CEUs in September. You can also ask us questions and you can download worksheets and printables and all kinds of great stuff from that. So, the second person to answer today is going to get two free months in my membership. So, we're going to do that right now are you ready?

**Rinki**: Awesome, yes.

**Carrie**: Alright so the question is name a disorder that a medical SLP may work with. The first two people to type in a medical SLP disorder is going to be our winners today. And there's going to be a delay so we have to wait for them to come in. Someone's probably like I sent it I sent it why isn't it coming up. Hahaha. You must be very patient. Autumn thank you so much for adding those links, too. Ok, Genevieve says Aphasia and Alma Maria Partida says TBI. Excellent, you guys are our winners. So, Genevieve is going to win the webinar. How do you want her to contact you?

**Rinki**: You can email me at dysphagiagrandrounds@gmail.com.

**Carrie**: Ok, dysphagiagrandrounds@gmail.com. Go ahead.

**Rinki**: Oh I was also going to say you can go to [www.dysphagiagrandrounds.com](http://www.dysphagiagrandrounds.com/) you can see which webinar you like and or I can just email her a list of the webinars and she can pick whichever one she wants. Congratulations.

**Carrie**: YAY. Alright and Alma you are getting the two free months in my membership, congratulations. So, you can email me at carrie@speechandlanguagekids.com and we will get you all set up. Perfect okay so that's all we have for you today. That was a ton of information. Rinki, why don't you go ahead and tell people where they can find more about you.

**Rinki**: Yeah, I have a Facebook professional page. It's [Rinki: Medical Speech Language Pathologist](https://www.facebook.com/Rinki.SLP/) or my website [rinkislp.com](http://rinkislp.com/). There's more information on [the Dysphagia Grand Rounds website](http://www.dysphagiagrandrounds.com) and you can email me anytime, I'm happy to answer any questions.

**Carrie**: Perfect. And we'll put those links in the show notes as well in the Facebook comments. And if you'd like to learn more about the Speech Therapy Solution where you can get support and CEUs and resources and worksheets, head on over to [speechandlanguagekids.com/join](https://www.speechandlanguagekids.com/become-a-member/). And don't forget to get us next week next Monday afternoon on the Speechie Show. I can't remember who we're talking about so it'll be a surprise, hahaha. Just watch the Facebook page following notifications when we're coming up with something new. Thank you Rinki. This was wonderful and I appreciate.

**Rinki**: This was so much fun! Thank you so much for having me!

**Carrie**: Good I'm glad. Alright and thank all of you for being here. Have a great day and we'll see you next week. Bye for now.

Thanks for joining us today Speechie Show. We hope today's tips have helped you feel a little less stressed and a little more confident about your work. If you’re looking for more stress busters and confidence boosters, we’d love to have you join us in The Speech Therapy Solution, where you’ll get access to a huge library of premium training videos and another library of print and go therapy materials. You can also get help with your tough cases by joining Carrie on the weekly Q&A calls, or by posting in the exclusive Facebook group. Plus, group members can join us for a monthly webinar that can be used for a continuing education credit. Head on over to SpeechandLanguageKids.com/join to check out all the amazing benefits of the speech therapy solution membership. Bye for now.